

COUNSELING AT YOUR CONVENIENCE

Start Talking makes it easier and more accessible for Friday members to get behavioral health therapy by using a video platform for teletherapy.

Start Talking's qualified mental health specialists are available through the camera of your smartphone, tablet or computer. So, whether you're in your car, at work, or at home, your therapist is just a click of a button away.



IN-NETWORK WITH

StartTalking.io

HOW START TALKING WORKS

1. Visit the Start Talking website at www.StartTalking.io.
2. Select a mental health specialist by clicking on the "Team" tab.
3. Click on the therapist's "Request Appointment" button and book your appointment. It's that easy!



Secure, discreet, and affordable, Start Talking is accessible through your laptop, smartphone, or tablet, from the comfort and privacy of your own home. Request care at StartTalking.io or 816-563-1468

START TALKING IS AN IN-NETWORK PROVIDER
THAT IS COVERED AS A MENTAL HEALTH VISIT.

Questions?

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