



Friday Health Plans

NOTIFICATION & PREAUTHORIZATION LIST

Texas

It is important to verify Benefits and Eligibility with Friday Health Plans for *all* services. The Services listed below may be governed by Friday Health Plans Medical Policies, which may impact coverage decisions. **All planned admissions and any procedure require preauthorization, all unplanned admission require notification** unless otherwise specified below.

Preauthorization is required **before** the service is provided in non-emergent situations. Retroactive requests will be denied unless there are extenuating circumstances. All pre-authorizations should be requested using Friday Health Plans request form. **Supporting documentation (e.g., notes and lab or radiology findings) should be sent with all preauthorization requests.**

For notification or preauthorization:

Phone: 1-844-451-4444

Medical Fax: 1-888-872-7969

Email: tx-medical@fridayhealthplans.com

| <u>SERVICES REQUIRING NOTIFICATION</u> | |
|--|--|
| SERVICE | COMMENTS |
| Admissions – all medical and surgical inpatient admissions | Notification is the responsibility of the contracting facility providing the service |
| Observation Stays resulting from ER visit over 23 hours | Notification is the responsibility of the contracting facility providing the service. |
| Observations Stays, unanticipated after surgery or other procedure over 23 hours | Notification is the responsibility of the contracting facility providing the service. |
| OON Network Observation stays or admissions | Notification is the responsibility of the contracting facility providing the service. And will be subject to emergent criteria review. |

| <u>SERVICES REQUIRING PREAUTHORIZATION</u> | | |
|---|---|--|
| This list may not be all-inclusive. Services must be provided by participating providers . Please call if you are uncertain whether a referral is necessary, or a provider is participating. | | |
| CATEGORY | SERVICE | COMMENT |
| Admissions | All planned or scheduled inpatient medical and surgical admissions including acute, rehab, and skilled nursing facility. | |
| Ambulance or Air Transport | Non-emergent transport or transfer | Generally, not covered |
| Breast reconstruction | Post- mastectomy for breast cancer and revisions. | Breast reductions also covered with authorization. |
| Cardiac Procedures | EP studies, ablations cardiac catheterizations. | Diagnostic testing covered another section |
| Dental | All dental related services | Generally, not covered |
| DME/ Devices Replacement of devices every 36 months | Durable medical equipment over \$500 | Authorization not needed for bilirubin bed for a newborn, cpap supplies, diabetic supplies, oxygen and supplies. |
| | Cochlear implants | |

SERVICES REQUIRING PREAUTHORIZATION

This list may not be all-inclusive. Services **must be provided by participating providers**. Please call if you are uncertain whether a referral is necessary, or a provider is participating.

| CATEGORY | SERVICE | COMMENT |
|--------------------------------|---|---|
| Diagnostic Procedures (cont'd) | Arteriogram | |
| | Angiograms | |
| | CT scans | |
| | Upper Endoscopy | 43235, 43236, 43237, 43238, 43239 do not require auth Advanced procedures only. For example dilation, varices banding etc |
| | MRIs, MRA's | Except Breast MRI |
| | Myelogram | |
| | PET or SPECT scans other than Cardiac | |
| | Sleep studies except home sleep studies | |
| | MCOT | |
| | Transesophageal Echocardiogram | |
| Dialysis | All services | |
| Genetic testing | All services | |
| Habilitative Therapies | Physical Therapy | Plan max 35 visits/year combined modalities |
| | Occupational Therapy | Plan max 35 visits/year combined modalities |
| | Speech Therapy | Plan max 35 visits/year |
| Hematology and Oncology | Cancer treatment including chemo, radiation, and surgery | Submit treatment plan as soon as known to facilitate rapid approval of necessary services. |
| Home Services | Home care | Limited to 60 visits per plan year combined modalities. |
| | Home infusion services | |
| | Hospice services | Required after first 6 month benefit. |
| | Medical foods or enteral nutrition | Oral foods generally not a covered benefit |
| | Total parenteral nutrition | |
| Injections and Infusions | Back injections | ESI, RFA, MBB, Facet |
| | Medical injectables >\$1000 | |
| | Infusion pumps | |
| | All infusions | |
| Mental Health/Substance Abuse | Electroconvulsive therapy | |
| | Transcranial Magnetic Stimulation (TMS) | |
| | Partial Hospitalization | |
| Ophthalmology | Medical eye condition treatments | Cataracts and Yag laser covered without auth |
| Out-of-Network Services | Any service | Generally, not a covered benefit. Only approved if medically necessary AND not available in-network. |
| Outpatient Services | Any in-office procedure costing >\$1000 | Call Friday Health Plans for details |
| | Hyperbaric oxygen therapy | |
| | Infertility services | Diagnostic services of involuntary infertility only. Unless Small group plan then some Invitro fertilization services are covered. Call plan for details. |
| | Photodynamic therapy | |
| Podiatry | All procedures | Routine foot care is generally not covered. |
| Rehabilitation | Cardiac and Pulmonary | Limited benefit. |
| Rehabilitation therapies | Chiropractic care | Plan max 35 visits/year combined modalities |
| | Physical Therapy | Plan max 35 visits/year combined modalities |
| | Occupational Therapy | Plan max 35 visits/year combined modalities |
| | Speech Therapy | Plan max 35 visits/year. |
| Transgendered services | All services that require authorization in the other categories | Some services are not covered. Call Friday Health Plans to check. |
| Transplants | All services | |