



Appeal/Grievance (Complaint) Request Form

- **Appeal:** If there is belief FHP did not cover or pay enough for a service or drug received.
- **Grievance:** If there is a complaint against FHP or your health care provider.

Who is the appeal or grievance for? *Please provide member ID#, Name, DOB, address	
Who is requesting the appeal or grievance? *Name and contact information (If different than above)	
Phone:	Fax (if applicable):
Communication by email is OK: <input type="checkbox"/> Email address (if box to the left is checked):	
If you have given Friday Health Plans appropriate consent for an Individual to act on your behalf, Friday Health Plans will send response acknowledgement/appeal or complaint correspondence to that individual.	
What is your appeal or grievance about? (Please add detail below).	<input type="checkbox"/> My claim or coverage was denied. <input type="checkbox"/> I disagree with FHP's payment <input type="checkbox"/> Other (Please specify)
Type of service, service date, billed amount, claim #, authorization # (if applicable)	
Are you requesting an urgent appeal? ("urgent" means your life, health, or ability to maintain function is in jeopardy.) <input type="checkbox"/> Yes <input type="checkbox"/> No	
Briefly describe your dissatisfaction or why you disagree with our decision not to approve the requested service/benefit (you may attach additional information such as a physician's letter, bills, medical records, or other documents to support your claim):	

Send this form, your denial notice, and any supporting documentation to:

Friday Health Plans ATTN: Appeals and
Grievances

700 Main St.

Alamosa, CO 81101

Ph: 1-844-451-4444

Fax: 1-844-280-1794

Email: appeals@fridayhealthplans.com

**Be sure to keep copies of this form,
your denial notice, and all
documents and correspondence
related to this claim.**