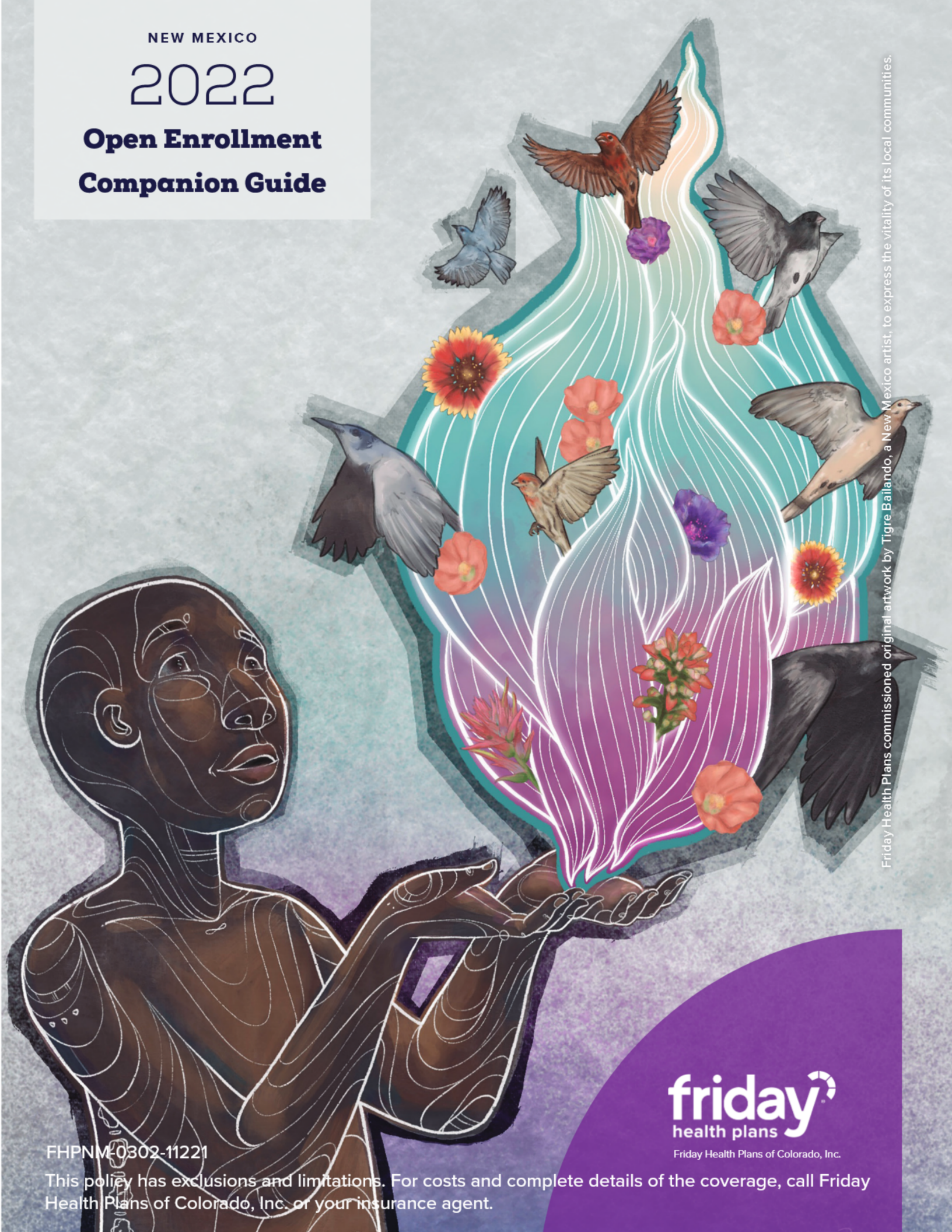


NEW MEXICO

2022

**Open Enrollment
Companion Guide**



Friday Health Plans commissioned original artwork by Tigre Bailando, a New Mexico artist, to express the vitality of its local communities.

FHPNM-0302-11221

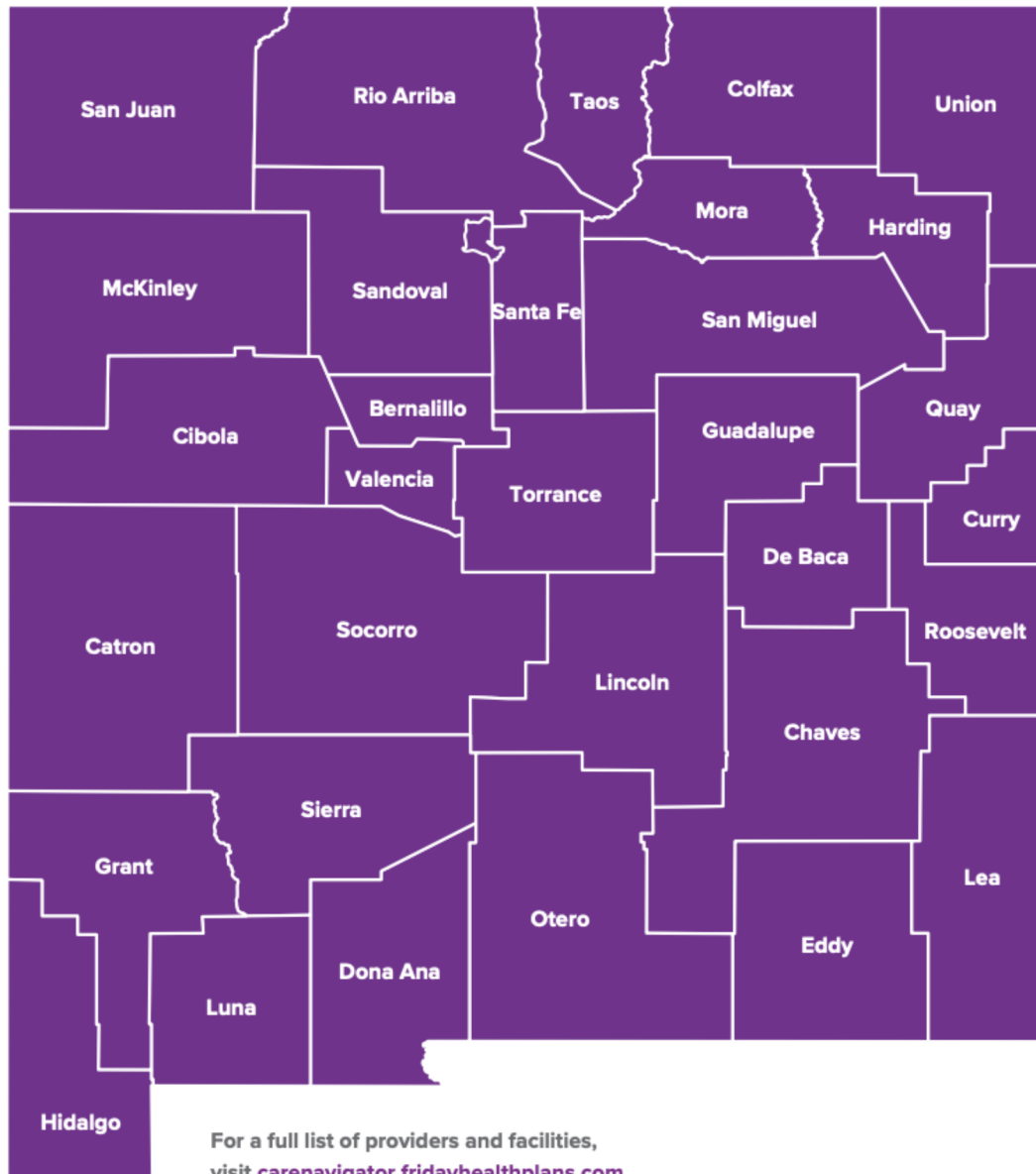
This policy has exclusions and limitations. For costs and complete details of the coverage, call Friday Health Plans of Colorado, Inc. or your insurance agent.

friday
health plans

Friday Health Plans of Colorado, Inc.

New Mexico

All New Mexico counties are serviced by Friday Health Plans.



Hospital Systems in the Friday Network:

Presbyterian Hospital
Presbyterian Kaseman Hospital
Presbyterian Rust Medical Center
Presbyterian Santa Fe Medical Center
Presbyterian Española Hospital

Dr. Dan C. Trigg Memorial Hospital
Lincoln County Medical Center
Plains Regional Medical Center
Socorro General Hospital

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Friday Health Plans of Colorado, Inc.

Mental Health Benefits

At Friday Health Plans, we believe in a holistic approach to your health, which means keeping your mind healthy too. For mental health, we offer a wide range of coverage options to fit your preferences, including unlimited \$0 mental health visits on most plans!



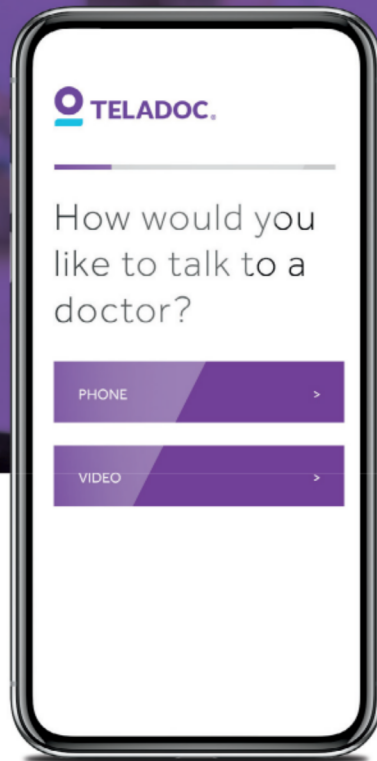
Find covered mental health providers to meet in person/virtually:
carenavigator.fridayhealthplans.com

Mental Health IS Health. Talk to someone today.





Friday Health Plans of Colorado, Inc.



Available now:
You have access to doctors
anytime, anywhere

Feel better when you need to for free

Call 1-800-TELADOC (835-2362) | Visit teladoc.com/fridayhealthplans

Download the app



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Friday Health Plans of Colorado, Inc., pursuant to 13.10.4.18A NMAC

A LOOK AT YOUR VSP VISION COVERAGE

SEE HEALTHY AND LIVE HAPPY WITH HELP FROM FRIDAY HEALTH PLANS AND VSP.

As a VSP® member, you get personalized care from a VSP network doctor at low out-of-pocket costs.

VALUE AND SAVINGS YOU LOVE.

Save on eyewear and eye care when you see a VSP network doctor. Plus, take advantage of Exclusive Member Extras for additional savings.

PROVIDER CHOICES YOU WANT.

With an average of five VSP network doctors within six miles of you, it's easy to find a nearby in-network doctor. Plus, maximize your coverage with bonus offers and additional savings that are exclusive to Premier Program locations.

PREMIER
PROGRAM

Prefer to shop online? Use your vision benefits on Eyeconic®—the VSP preferred online retailer.

QUALITY VISION CARE YOU NEED.

You'll get great care from a VSP network doctor, including a WellVision Exam®—a comprehensive exam designed to detect eye and health conditions.

PROVIDER NETWORK:

VSP Choice



BENEFIT	DESCRIPTION	COPAY
YOUR COVERAGE WITH A VSP PROVIDER		
WELLVISION EXAM	<ul style="list-style-type: none">Focuses on your eyes and overall wellnessEvery 12 months	\$0
EXTRA SAVINGS	<p>Glasses and Sunglasses</p> <ul style="list-style-type: none">20% savings on complete pair of prescription glasses and sunglasses, including lens enhancements, from any VSP provider within 12 months from your last WellVision Exam. <p>Contacts</p> <ul style="list-style-type: none">15% savings on a contact lens exam (fitting and evaluation) <p>Laser Vision Correction</p> <ul style="list-style-type: none">Average 15% off the regular price or 5% off the promotional price; discounts only available from contracted facilities	

VSP guarantees coverage from VSP network providers only. Coverage information is subject to change. In the event of a conflict between this information and your organization's contract with VSP, the terms of the contract will prevail. Based on applicable laws, benefits may vary by location. In the state of Washington, VSP Vision Care, Inc., is the legal name of the corporation through which VSP does business.

Contact us:

800.877.7195 or **vsp.com**



A LOOK AT YOUR CHILD'S VISION COVERAGE

GET ACCESS TO THE BEST IN EYE CARE AND EYEWEAR WITH FRIDAY HEALTH PLANS AND VSP VISION CARE.



Friday Health Plans of Colorado, Inc.

VSP® Vision Care provides personalized eye care for your child from a VSP network doctor.

VALUE AND SAVINGS YOU LOVE.



Save on eyewear and eye care when you see a VSP network doctor. Plus, take advantage of Exclusive Member Extras for additional savings.

QUALITY VISION CARE YOU NEED.



You'll get great care from a VSP network doctor, including a WellVision Exam®—a comprehensive exam designed to detect eye and health conditions.

COVERAGE FOR YOUR KIDS.

Many states require children to get an eye exam before kindergarten. Use your VSP benefits for a fully covered eye exam, lenses, and frames the Otis & Piper™ Eyewear collection, or contacts to help them succeed in school.

USING YOUR BENEFIT IS EASY!

Create an account on **vsp.com** to view your child's in-network coverage, find the pediatric eye doctor who's right for them, and discover additional savings with Exclusive Member Extras. At their appointment show your health plan I.D. and tell them you have VSP—that's it!

Contact us: 800.877.7195 or vsp.com

New Mexico Broker Contacts

Broker Service Line: 844-270-7075

brokers@fridayhealthplans.com

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Sandra S. Pattison

Senior Sales Executive

505-681-6654

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*Bernalillo, Catron, Chaves, Cibola, Colfax,
De Baca, Dona Ana, Eddy, Grant,
Guadalupe, Harding, Hidalgo, Lea,
Lincoln, Los Alamos, Luna, McKinley,
Mora, Otero, Quar, Rio Arriba, Roosevelt,
Sandoval, San Juan, San Miguel, Santa
Fe, Sierra, Taos, Torrance, Union,
Valencia*

Sarah Hernandez

Marketing & Sales Coordinator

sarah.hernandez@fridayhealthplans.com

Friday Broker Hub:

fridayhealthplans.com/broker-hub

Plan Documents, Formulary Information,

Provider Information, Member Communications

Friday Broker Portal:

agents.fridayhealthplans.com

Quotes and Online Application

Friday Appointment Process:

fridayhealthplans.com/broker-hub/appointment

Appointment Application - submit and get email
from Evolve in 48 hours to complete contact.

Broker Support

brokers@fridayhealthplans.com

Available 5am-6pm MST

Contact for broker help

The Friday Care Crew

questions@fridayhealthplans.com

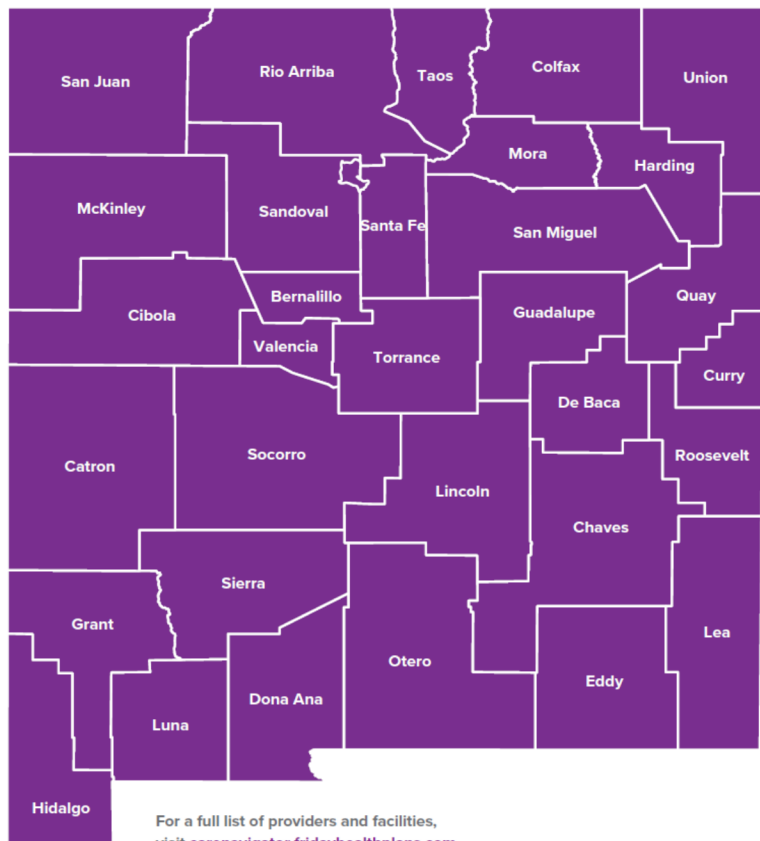
Available 8am-5pm MST

For client/member needs

Request a Small Group Quote

NMSGquotes@fridayhealthplans.com

All New Mexico counties are serviced by Friday Health Plans.



For a full list of providers and facilities,
visit carenavigator.fridayhealthplans.com.

2022 Service Area

New Mexico