

# Teladoc and Friday Health Plans - Texas



## Quality health care when and where you need it

Teladoc® gives you access to a national network of U.S. board-certified doctors by phone or video who are available anywhere, 24/7/365 to treat many of your medical issues.

### YOU CAN USE TELADOC

It is a convenient and affordable option for quality care.

- When you need care now
- If you're considering the ER or urgent care center for a non-emergency issue
- On vacation, on a business trip, or away from home
- For short-term prescription refills

*Teladoc services are provided to you free by Friday Health Plans*

### GET THE CARE YOU NEED

Teladoc medical staff can treat many medical conditions, including:

- Cold & flu symptoms
- Allergies
- Sinus problems
- Sore throat
- Respiratory infection
- Skin problems
- And more!

**TALK TO A DOCTOR ANYTIME FOR FREE!**

[teladoc.com/fridayhealthplans](https://teladoc.com/fridayhealthplans)  
1-800-TELADOC (835-2362)



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