

LIST OF \$0 PREVENTIVE SERVICES

FOR ALL ADULTS & ADOLESCENTS:

1. [Abdominal aortic aneurysm one-time screening](#) for men of specified ages (65-75) who have ever smoked.
2. [Alcohol misuse screening and counseling](#) for adults; [Alcohol, tobacco, and drug use assessments](#) for adolescents
3. [Aspirin use](#) to prevent cardiovascular disease and colorectal cancer for adults 50 to 59 years with a high cardiovascular risk
4. [Autism screening](#) for children at 18 and 24 months
5. Behavioral assessments for children: [Age 0 to 11 months](#), [1 to 4 years](#), [5 to 10 years](#), [11 to 14 years](#), [15 to 17 years](#)
6. [Bilirubin concentration screening](#) (PDF, 609 KB) for newborns
7. [Blood pressure screening](#) for children and adults
8. [Blood screening](#) for newborns
9. [Bone density screening](#) for all women over age 65 or women age 64 and younger that have gone through menopause
10. [Breast cancer genetic test counseling](#) (BRCA) for women at higher risk
11. [Breast cancer mammography screenings](#)
 - Every 2 years for women 50 and over
 - As recommended by a provider for women 40 to 49 or women at higher risk for breast cancer
12. [Breast cancer chemoprevention](#) counseling for women at higher risk
13. [Cervical cancer screening](#)
 - Pap test (also called a Pap smear) for women age 21 to 65
14. [Chlamydia infection screening](#) for younger women and other women at higher risk
15. [Cholesterol screening](#) for adults of certain ages or at higher risk
16. [Colorectal cancer screening](#) for adults 45 to 75
17. [Depression screening](#) for adults and adolescents beginning routinely at age 12
18. [Developmental screening](#) for children under age 3
19. [Diabetes \(Type 2\) screening](#) for adults 40 to 70 years who are overweight or obese; and women with a history of gestational diabetes who aren't currently pregnant and who haven't been diagnosed with type 2 diabetes before
20. [Diet counseling](#) for adults at higher risk for chronic disease
21. [Domestic and interpersonal violence screening](#) and counseling for all women
22. [Dyslipidemia screening](#) (PDF, 609 MB) for all children once between 9 and 11 years and once between 17 and 21 years, and for children at higher risk of lipid disorders

Learn more about ACA covered preventive care at [healthcare.gov](https://www.healthcare.gov)

All products, services and policies are issued by or through Friday Health Plans of Colorado, Inc., and administered by Friday Health Plans Management Services Company, Inc. The Friday name, logo and other Friday marks are owned by Friday Health Plans, Inc. For a full list of benefits, provisions, exclusions and limitations, and to see everything included in Friday's plans and networks, please contact Friday Health Plans.



23. [Falls prevention](#) (with exercise or physical therapy and vitamin D use) for adults 65 years and over, living in a community setting
24. [Fluoride supplements](#) for children without fluoride in their water source
25. [Fluoride varnish](#) for all infants and children as soon as teeth are present
26. [Gonorrhea preventive medication](#) for the eyes of all newborns
27. [Gonorrhea screening](#) for all women at higher risk
28. Hearing screening for all [newborns](#); and [regular screenings](#) (PDF, 609 KB) for children and adolescents as recommended by their provider
29. [Height, weight and body mass index \(BMI\) measurements](#) (PDF, 609 KB) taken regularly for all children
30. [Hematocrit or hemoglobin screening](#) for all children
31. [Hemoglobinopathies or sickle cell screening](#) for newborns
32. [Hepatitis B screening](#) for adults and adolescents at high risk, including people from countries with 2% or more Hepatitis B prevalence, and U.S.-born people not vaccinated as infants and with at least one parent born in a region with 8% or more Hepatitis B prevalence.
33. [Hepatitis C screening](#) for adults age 18 to 79 years
34. [HIV screening and counseling](#) for everyone age 15 to 65, and other ages at increased risk
35. [PrEP \(pre-exposure prophylaxis\) HIV prevention medication](#) for HIV-negative people at high risk for getting HIV through sex or injection drug use
36. [Immunizations](#) for adults and children — doses, recommended ages, and recommended populations vary:
 - [Chickenpox \(Varicella\)](#)
 - [Diphtheria, tetanus, and pertussis \(DTaP\)](#)
 - [Haemophilus influenza type b](#)
 - [Flu \(influenza\)](#)
 - [Hepatitis A](#)
 - [Hepatitis B](#)
 - [Human Papillomavirus \(HPV\)](#)
 - [Inactivated Poliovirus](#)
 - [Measles](#)
 - [Meningococcal](#)
 - [Mumps](#)
 - [Whooping Cough \(Pertussis\)](#)
 - [Pneumococcal](#)
 - [Rubella](#)
 - [Shingles](#)
 - [Tetanus](#)

Learn more about ACA covered preventive care at [healthcare.gov](https://www.healthcare.gov)

All products, services and policies are issued by or through Friday Health Plans of Colorado, Inc., and administered by Friday Health Plans Management Services Company, Inc. The Friday name, logo and other Friday marks are owned by Friday Health Plans, Inc. For a full list of benefits, provisions, exclusions and limitations, and to see everything included in Friday's plans and networks, please contact Friday Health Plans.



37. [Lead screening](#) for children at risk of exposure
38. [Lung cancer](#) screening for adults 50 to 80 at high risk for lung cancer because they're heavy smokers or have quit in the past 15 years
39. [Obesity screening and counseling](#)
40. [Oral health risk assessment](#) (PDF, 609 KB) for young children from 6 months to 6 years
41. [Phenylketonuria \(PKU\) screening](#) for newborns
42. [Sexually transmitted infection \(STI\) prevention counseling](#) for adults and adolescents at higher risk
43. [Statin preventive medication](#) for adults 40 to 75 at high risk
44. [Syphilis screening](#) for adults at higher risk
45. [Tobacco use screening](#) for all adults and cessation interventions for tobacco users
46. Tuberculin testing for children at higher risk of tuberculosis: Age [0 to 11 months](#), [1 to 4 years](#), [5 to 10 years](#), [11 to 14 years](#), [15 to 17 years](#)
47. [Tuberculosis screening](#) for certain adults without symptoms at high risk
48. [Urinary incontinence screening](#) for women yearly
49. [Vision screening](#) for all children
50. [Well-baby and well-child visits](#)
51. [Well-woman visits](#) to get recommended services for all women

FOR ALL PREGNANT WOMEN OR WOMEN WHO MAY BECOME PREGNANT:

1. [Breastfeeding support and counseling](#) from trained providers, and access to breastfeeding supplies, for pregnant and nursing women
2. [Birth control](#): Food and Drug Administration-approved contraceptive methods, sterilization procedures, and patient education and counseling, as prescribed by a health care provider for women with reproductive capacity (not including abortifacient drugs). This does not apply to health plans sponsored by certain exempt "religious employers." [Learn more about contraceptive coverage.](#)
3. [Folic acid](#) supplements for women who may become pregnant
4. [Gestational diabetes screening](#) for women 24 weeks pregnant (or later) and those at high risk of developing gestational diabetes
5. [Gonorrhea screening](#) for all women at higher risk
6. [Hepatitis B screening](#) for pregnant women at their first prenatal visit
7. [Maternal depression screening](#) for mothers at well-baby visits (PDF, 1.5 MB)
8. [Preeclampsia prevention and screening](#) for pregnant women with high blood pressure
9. [Rh incompatibility screening](#) for all pregnant women and follow-up testing for women at higher risk
10. [Syphilis screening](#)
11. [Expanded tobacco intervention and counseling](#) for pregnant tobacco users
12. [Urinary tract or other infection screening](#)

Learn more about ACA covered preventive care at [healthcare.gov](https://www.healthcare.gov)

All products, services and policies are issued by or through Friday Health Plans of Colorado, Inc., and administered by Friday Health Plans Management Services Company, Inc. The Friday name, logo and other Friday marks are owned by Friday Health Plans, Inc. For a full list of benefits, provisions, exclusions and limitations, and to see everything included in Friday's plans and networks, please contact Friday Health Plans.

